Wednesday Readings for Dec 6th, 2023

Subject: "Disease is a Mental Condition"

King James Translation

And Jesus went about all Galilee, teaching in their synagogues, and preaching the gospel of the kingdom, and healing all manner of sickness and all manner of disease among the people.

(Matthew 4:23)

An evil disease, *say they,* cleaveth fast unto him: and *now* that he lieth he shall rise up no more. ...But thou, O LORD, be merciful unto me, and raise me up, ... (Psalms 41:8, 10 (to 4th ,))

Beloved, believe not every spirit, but try the spirits whether they are of God: because many false prophets are gone out into the world. ...Ye are of God, little children, and have overcome them: because greater is he that is in you, than he that is in the world. ...We are of God: he that knoweth God heareth us; he that is not of God heareth not us. Hereby know we the spirit of truth, and the spirit of error. (I John 4:1, 4, 6)

The light of the body is the eye: therefore when thine eye is single, thy whole body also is full of light; but when *thine eye* is evil, thy body also *is* full of darkness. Take heed therefore that the light which is in thee be not darkness. (Luke 11:34, 35)

And again, departing from the coasts of Tyre and Sidon, he came unto the sea of Galilee, through the midst of the coasts of Decapolis. And they bring unto him one that was deaf, and had an impediment in his speech; and they beseech him to put his hand upon him. And he took him aside from the multitude, and put his fingers into his ears, and he spit, and touched his tongue; And looking up to heaven, he sighed, and saith unto him, Ephphatha, that is, Be opened. And straightway his ears were opened, and the string of his tongue was loosed, and he spake plain. And he charged them that they should tell no man: but the more he charged them, so much the more a great deal they published *it*; And were beyond measure astonished, saying, He hath done all things well: he maketh both the deaf to hear, and the dumb to speak. CHAPTER 8 (Mark 7:31–8:0)

.and I saw a star fall from heaven unto the earth: .And thus I saw the horses in the vision, ... out of their mouths issued fire and smoke and brimstone. (Revelation 9:1 2nd and (to :), 17 (to 1st ,), 17 out)

If ye were of the world, the world would love his own: but because ye are not of the world, but I have chosen you out of the world, ...But *this cometh to pass*, that the word might be fulfilled that is written in their law, ...But when the Comforter is come, whom I will send unto you from the Father, *even* the Spirit of truth, which proceedeth from the Father, he shall testify of me: And ye also shall bear witness, because ye have been with me from the beginning.

(John 15:19 (to 3rd ,), 25 (to 2nd ,), 26, 27)

Hear the right, O LORD, attend unto my cry, give ear unto my prayer, *that goeth* not out of feigned lips. ...Thou hast proved mine heart; thou hast visited *me* in the night; thou hast tried me, *and* shalt find nothing; I am purposed *that* my mouth shall not transgress. ...I have called upon thee, for thou wilt hear me, O God: incline thine ear unto me, *and hear* my speech. Shew thy marvellous lovingkindness, O thou that savest by thy right hand them which put their trust *in thee* from those that rise up *against them*. Keep me as the apple of the eye, hide me under the shadow of thy wings, (Psalms 17:1, 3, 6–8)

Then hear thou in heaven their prayer and their supplication, and maintain their cause.

...

Then hear thou their prayer and their supplication in heaven thy dwelling place, and maintain their cause, ...And it was *so*, that when Solomon had made an end of praying all this prayer and supplication unto the LORD, he arose from before the altar of the LORD, from kneeling on his knees with his hands spread up to heaven. And he stood, and blessed all the congregation of Israel with a loud voice, saying, Blessed *be* the LORD, that hath given rest unto his people Israel, according to all that he promised: there hath not failed one word of all his good promise, ...

(I Kings 8:45, 49, 54–56 (to 3rd ,))

Now mine eyes shall be open, and mine ears attent unto the prayer *that is made* in this place. For now have I chosen and sanctified this house, that my name may be there for ever: and mine eyes and mine heart shall be there perpetually. (II Chronicles 7:15, 16)

My voice shalt thou hear in the morning, O LORD; in the morning will I direct *my prayer* unto thee, and will look up. ...Lead me, O LORD, in thy righteousness ... make thy way straight before my face. ...For thou, LORD, wilt bless the righteous; ... (Psalms 5:3, 8 (to righteousness), 8 make, 12 (to ;))

I beseech you therefore, brethren, by the mercies of God, that ye present your bodies a living sacrifice, holy, acceptable unto God, *which is* your reasonable service. And be not conformed to this world: but be ye transformed by the renewing of your mind, that ye may prove what *is* that good, and acceptable, and perfect, will of God. For I say, through the grace given unto me, to every man that is among you, not to think *of himself* more highly than he ought to think; but to think soberly, according as God hath dealt to every man the measure of faith. For as we have many members ...

Rejoicing in hope; patient in tribulation; continuing instant in prayer; (Romans 12:1–4 (to 1st members), 12)

Science & Health with Key to the Scriptures by Mary Baker Eddy

Mortals evolve images of thought. ... Seeing is no less a quality of physical sense than feeling. Then why is it more difficult to see a thought than to feel one? Education alone determines the difference. In reality there is none.

(p. 86:13 (only), 20)

The Scriptures say, "In Him we live, and move, and have our being." What then is this seeming power, independent of God, which causes disease and cures it? What is it but an error of belief, — a law of mortal mind, wrong in every sense, embracing sin, sickness, and death? It is the very antipode of immortal Mind, of Truth, and of spiritual law. It is not in accordance with the goodness of God's character that He should make man sick, then leave man to heal himself; it is absurd to suppose that matter can both cause and cure disease, or that Spirit, God, produces disease and leaves the remedy to matter. A material body only expresses a material and mortal mind. A mortal man possesses this body, and he makes it harmonious or discordant according to the images of thought impressed upon it.

(p. 208:5, 25–29 A)

The moral and spiritual facts of health, whispered into thought, produce very direct and marked effects on the body. A physical diagnosis of disease — since mortal mind must be the cause of disease — tends to induce disease. (p. 370:18)

I name these facts to show that disease has a mental, mortal origin, — that faith in rules of health or in drugs begets and fosters disease by attracting the mind to the subject of sickness, by exciting fear of disease, and by dosing the body in order to avoid it. The faith reposed in these things should find stronger supports and a higher home. If we understood the control of Mind over body, we should put no faith in material means. Science not only reveals the origin of all disease as mental, but it also declares that all disease is cured by divine Mind.

(p. 169:10–20)

Ignorance of the cause or approach of disease is no argument against the mental origin of disease. You confess to ignorance of the future and incapacity to preserve your own existence, and this belief helps rather than hinders disease. Such a state of mind induces sickness. It is like walking in darkness on the edge of a precipice. You cannot forget the belief of danger, and your steps are less firm because of your fear, and ignorance of mental cause and effect.

(p. 374:17)

The cause of all so-called disease is mental, a mortal fear, a mistaken belief or conviction of the necessity and power of ill-health; also a fear that Mind is helpless to defend the life of man and incompetent to control it. Without this ignorant human belief, any circumstance is of itself powerless to produce suffering. It is latent belief in disease, as well as the fear of disease, which associates sickness with certain circumstances and causes the two to appear conjoined, even as poetry and music are reproduced in union by human memory. Disease has no intelligence. Unwittingly you sentence yourself to suffer. The understanding of this will enable you to commute this self-sentence, and meet every circumstance with truth. Disease is less than mind, and Mind can control it.

(p. 377:26)

We should remember that Life is God, and that God is omnipotent. ...Like the great Exemplar, the healer should speak to disease as one having authority over it, leaving Soul to master the false evidences of the corporeal senses and to assert its claims over mortality and disease. ...It is mental quackery to make disease a reality — to hold it as something seen and felt — and then to attempt its cure through Mind. It is no less erroneous to believe in the real existence of a tumor, a cancer, or decayed lungs, while you argue against their reality, than it is for your patient to feel these ills in physical belief. Mental practice, which holds disease as a reality, fastens disease on the patient, and it may appear in a more alarming form.

(p. 394:28–29; 395:6–10, 21)

Inspiration; the revelation of Science, in which the so-called material senses yield to the spiritual sense of Life and Love.

(p. 589:5)

The divine Science taught in the original language of the Bible came through inspiration, and needs inspiration to be understood.

(p. 319:21–23)

I have never supposed the world would immediately witness the full fruitage of Christian Science, or that sin, disease, and death would not be believed for an indefinite time; but this I do aver, that, as a result of teaching Christian Science, ethics and temperance have received an impulse, health has been restored, and longevity increased. If such are the present fruits, what will the harvest be, when this Science is more generally understood?

(p. 348:26)