

These Readings are comprised of selections from *the Bible* and the Christian Science textbook, *Science and Health with Key to the Scriptures* by Mary Baker Eddy.

CHRISTIAN SCIENCE TREATMENT

Matthew 4:23 New Living Translation (NLT)²³ Jesus traveled throughout the region of Galilee, And he healed every kind of disease and illness.

Mark 5:22-42 New Living Translation (NLT) 22 Then a leader of the local synagogue, whose name was Jairus, arrived. When he saw Jesus, he fell at his feet, 23 pleading fervently with him. “My little daughter is dying,” he said...24 Jesus went with him, and all the people followed, ...(pause) messengers arrived from the home of Jairus, the leader of the synagogue. They told him, “Your daughter is dead. ...36 But Jesus overheard them and said to Jairus, “Don’t be afraid. Just have faith.”37 Then Jesus stopped the crowd and wouldn’t let anyone go with him ... he made them all leave, and he took the girl’s father and mother and his three disciples into the room where the girl was lying. 41 Holding her hand, he said to her, “Little girl, get up!” 42 And the girl, who was twelve years old, immediately stood up and walked around!

Luke 5:17-26 New Revised Standard Version (NRSV) 17 One day, while he was teaching, Pharisees and teachers of the law were sitting near by and the power of the Lord was with him to heal. 18 Just then some men came, carrying a paralyzed man on a bed. They were trying to bring him in and lay him before Jesus; 19 but finding no way to bring him in because of the crowd, they went up on the roof and let him down with his bed through the tiles into the middle of the crowd in front of Jesus. 20 When he saw their faith, he said, “Friend, your sins are forgiven you.” 21 Then the scribes and the Pharisees began to question, Who can forgive sins but God alone?” 22 When Jesus perceived their questionings, he answered them, “Why do you raise such questions in your hearts? 23 Which is easier, to say, ‘Your sins are forgiven you,’ or to say, ‘Stand up and walk’? 24 But so that you may know that the Son of Man has authority on earth to forgive sins”—he said to the one who was paralyzed—“I say to you, stand up and take your bed and go to your home.” 25 Immediately he

stood up before them, took what he had been lying on, and went to his home, glorifying God.

Luke 9:38-44 New Living Translation (NLT) 38 A man in the crowd called out to him, “Teacher, I beg you to look at my son, my only child. 39 An evil spirit keeps seizing him, making him scream. It throws him into convulsions so that he foams at the mouth. It batters him and hardly ever leaves him alone. 40 I begged your disciples to cast out the spirit, but they couldn’t do it.” 41 Jesus said, “You faithless and corrupt people! How long must I be with you and put up with you?” Then he said to the man, “Bring your son here.” 42 As the boy came forward, the demon knocked him to the ground and threw him into a violent convulsion. But Jesus rebuked the evil spirit and healed the boy. Then he gave him back to his father. 43 Awe gripped the people as they saw this majestic display of God’s power.

Mark 9:28-43 New Living Translation (NLT) 28 Afterward, when Jesus was alone in the house with his disciples, they asked him, “Why couldn’t we cast out that evil spirit?” 29 Jesus replied, “This kind can be cast out only by prayer.”

Matthew 6:1-4,22-26 New Living Translation (NLT)

6 “Watch out! Don’t do your good deeds publicly, to be admired by others,

Matthew 7:6-11 New Living Translation (NLT)

6 “Don’t waste what is holy on people who are unholy. Don’t throw your pearls to pigs! They will trample the pearls, then turn and attack you. 7 “Keep on asking, and you will receive what you ask for. Keep on seeking, and you will find. Keep on knocking, and the door will be opened to you. 8 For everyone who asks, receives. Everyone who seeks, finds. And to everyone who knocks, the door will be opened.

Matthew 5 New Living Translation (NLT)

...4 God blesses those who ... realize their need for him, 5 God blesses those who are humble, 6...those who hunger and thirst for justice, 7those who are merciful, 8 ... those whose hearts are pure, for they will see God. ...14 “You are the light of the world—...let your good deeds shine out for all to see, so that everyone will praise your heavenly Father.

John 3 New Revised Standard Version (NRSV) ...“11 ... I tell you, no one can see the kingdom of God without being born from above.” the light has come into the world, and people loved darkness rather than light because their deeds were evil. 20 For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. 21 But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God.”

Luke 9:1-6 New Revised Standard Version (NRSV)

9 Then Jesus called the twelve together and gave them power and authority over all demons and to cure diseases, 2 and he sent them out to proclaim the kingdom of God and to heal. 3 He said to them, “Take nothing for your journey, no staff, nor bag, nor bread, nor money— ...6 They departed and went through the villages, bringing the good news and curing diseases everywhere.

Luke 10:1, 2, 17 NSRV After this the Lord appointed seventy others and sent them on ahead of him in pairs to every town and place where he himself intended to go. ... 17 The seventy returned with joy, saying, “Lord, in your name even the demons submit to us!”

John 14:11–16 NRSV “Believe me that I am in the Father and the Father is in me; but if you do not, then believe me because of the works themselves. 12 Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father. 13 I will do whatever you ask in my name, so that the Father may be glorified in the Son. 14 If in my name you ask me for anything, I will do it.

John 16:12 CEB 12 “I have much more to say to you, but you can’t bear it now. 13 However, when the Spirit of Truth comes, he will guide you in all truth. ...14 He will glorify me, because he will take what is mine and proclaim it to you.

SCIENCE AND HEALTH

SH 406:1 (only)

The Bible contains the recipe for all healing.

SH 126:22 I have set forth Christian Science and its application to the treatment of disease just as I have discovered them. ...The Bible has been my only authority. I have had no other guide in “the straight and narrow way” of Truth.

SH 150:4 To-day the healing power of Truth is widely demonstrated as an immanent, eternal Science, instead of a phenomenal exhibition. Its appearing is the coming anew of the gospel of “on earth peace, goodwill toward men.” This coming, as was promised by the Master, is for its establishment as a permanent dispensation among men; but the mission of Christian Science now, as in the time of its earlier demonstration, is not primarily one of physical healing. Now, as then, signs and wonders are wrought in the metaphysical healing of physical disease; but these signs are only to demonstrate its divine origin, — to attest the reality of the higher mission of the Christ-power to take away the sins of the world.

SH 138:17–22 Jesus established in the Christian era the precedent for all Christianity, theology, and healing. Christians are under as direct orders now, as they were then, to be Christlike, to possess the Christ-spirit, to follow the Christ-example, and to heal the sick as well as the sinning.

SH 453:24–28 You should treat sickness mentally just as you would sin, except that you must not tell the patient that he is sick nor give names to diseases, for such a course increases fear, the foundation of disease, and impresses more deeply the wrong mind-picture.

SH 218:24 Treat a belief in sickness as you would sin, with sudden dismissal. Resist the temptation to believe in matter as intelligent, as having sensation or power.

SH 369:14 We never read that Luke or Paul made a reality of disease in order to discover some means of healing it. Jesus never asked if disease were acute or chronic, and he never recommended attention to laws of health, never gave drugs, never prayed to know if God were willing that a man should live. He understood man, whose

Life is God, to be immortal, and knew that man has not two lives, one to be destroyed and the other to be made indestructible.

SH 375:17 The genuine Christian Scientist is adding to his patient's mental and moral power, and is increasing his patient's spirituality while restoring him physically through divine Love.

SH 365:15-19 If the Scientist reaches his patient through divine Love, the healing work will be accomplished at one visit, and the disease will vanish into its native nothingness like dew before the morning sunshine.

SH 463:21 To decide quickly as to the proper treatment of error — whether error is manifested in forms of sickness, sin, or death — is the first step towards destroying error. Our Master treated error through Mind. He never enjoined obedience to the laws of nature, if by these are meant laws of matter, nor did he use drugs. There is a law of God applicable to healing, and it is a spiritual law instead of material. The sick are not healed by inanimate matter or drugs, as they believe that they are. Such seeming medical effect or action is that of so-called mortal mind.

SH 410:23-30 The Science of mental practice is susceptible of no misuse. Selfishness does not appear in the practice of Truth or Christian Science. If mental practice is abused or is used in any way except to promote right thinking and doing, the power to heal mentally will diminish, until the practitioner's healing ability is wholly lost. Christian scientific practice begins with Christ's keynote of harmony, "Be not afraid!"

SH411:20-9 The procuring cause and foundation of all sickness is fear, ignorance, or sin. Disease is always induced by a false sense mentally entertained, not destroyed. Disease is an image of thought externalized. The mental state is called a material state. Whatever is cherished in mortal mind as the physical condition is imaged forth on the body. Always begin your treatment by allaying the fear of patients. Silently reassure them as to their exemption from disease and danger. Watch the result of this simple rule of Christian Science, and you will find that it alleviates the symptoms of every disease. If you succeed in wholly removing the fear, your patient is healed.

Mentally and silently plead the case scientifically for Truth. You may vary the arguments to meet the peculiar or general symptoms of the case you treat, but be thoroughly persuaded in your own mind concerning the truth which you think or speak, and you will be the victor

SH 414:15 To fix truth steadfastly in your patients' thoughts, explain Christian Science to them, but not too soon, — not until your patients are prepared for the explanation, — lest you array the sick against their own interests by troubling and perplexing their thought. The Christian Scientist's argument rests on the Christianly scientific basis of being. The Scripture declares, "The Lord He is God[good]; there is none else beside Him." Even so, harmony is universal, and discord is unreal. Christian Science declares that Mind is substance, also that matter neither feels, suffers, nor enjoys. Hold these points strongly in view. Keep in mind the verity of being, — that man is the image and likeness of God, in whom all being is painless and permanent. Remember that man's perfection is real and unimpeachable, whereas imperfection is blameworthy, unreal, and is not brought about by divine Love.

SH xi:1–15 Many imagine that the phenomena of physical healing in Christian Science present only a phase of the action of the human mind, which action in some unexplained way results in the cure of disease. On the contrary, Christian Science rationally explains that all other pathological methods are the fruits of human faith in matter, — faith in the workings, not of Spirit, but of the fleshly mind which must yield to Science. The physical healing of Christian Science results now, as in Jesus' time, from the operation of divine Principle, before which sin and disease lose their reality in human consciousness and disappear as naturally and as necessarily as darkness gives place to light and sin to reformation. Now, as then, these mighty works are not supernatural, but supremely natural.

SH 462:13 Whoever would demonstrate the healing of Christian Science must abide strictly by its rules, heed every statement, and advance from the rudiments laid down. There is nothing difficult nor toilsome in this task, when the way is pointed out; but self-denial, sincerity, Christianity, and persistence alone win the prize, as they usually do in every department of life.

Hymns

545

O sweet and tender as the dawn,
With mighty power to heal and bless,
Is God's dear gift to all His own:
The happy grace of gentleness.

How quickly burdens fall away,
How hearts grow light, rejoice, are glad,
When Love with touch of gentleness
Uplifts the sinning and the sad.

This gentle grace of Love divine
Is sweet as breath of opening flower.
Self-love and harshness disappear
Beneath its tender, healing power.

96

He stood of old, the holy Christ,
Amid the suffering throng,
With whom his lightest touch sufficed
To make the weakest strong.
That healing gift God gives to them
Who use it in His name;
The power that filled the garment's hem
Is evermore the same.

So shalt thou be with power endued
Like him who went about
The Syrian hillsides doing good
And casting demons out.
The Great Physician liveth yet
Thy friend and guide to be;
The Healer by Gennesaret
Shall walk the rounds with thee.

565

Rise up and walk, take up your bed.
With these few words the sickness fled.
Stretch forth your hand. Receive your sight.
Jesus' commands reveal God's might.
You are God's purpose, His great design.
Beautiful, blameless, His child divine.
Holding your thought to the good and the true,
Spirit will form you anew.

REFRAIN

Rise up and walk! God made you free,
Born of His liberty.
Carefree and strong, you are His song,
Perfect for all to see.
Mountains and seas, great rising trees,
Echo the joyous song:
Heaven is here, harmony's bliss
To everyone belongs.

Cleanse the lepers, heal the sick.
Cast out demons. Raise the dead.
Truth is revealed in every place,
Throughout all time, throughout all space.
Right in this moment, doing God's will
"These works shall you do, and greater still."
Standing triumphant upon holy ground,
Songs of the angels resound.